Resources available from
Exeter Health Library

Care Certificate

Exeter Health Library
Level 2 (1st floor)
Peninsula Medical School Building/RILD Building
RD&E(W)
Barrack Road
Exeter EX2 5DW

Tel: 01392 406800
Email: rde-tr.library@nhs.net
URL: https://exeterhealthlibrary.net
Library catalogue: http://lib.exeter.ac.uk
Resource Hub: https://exeterhealthlibrary.net/care-certificate
Exeter Health Library can support learners undertaking the Care Certificate. We have resources to help you with most of the 15 Care Certificate standards, and can offer study space, NHS networked PCs and staff to help you find the information you need.

1. Understanding your role .................................................................Page 3
2. Your personal development ............................................................Page 3
3. Duty of care ..................................................................................Page 4
4. Equality & diversity .......................................................................Pages 4-5
5. Work in a person centred way .........................................................Page 6
6. Communication .............................................................................Page 7
7. Privacy and dignity .........................................................................Pages 8-9
8. Fluids and nutrition .......................................................................Page 9
9. Awareness of mental health, dementia & learning disability........................Pages 10-14
10. Safeguarding adults .....................................................................Pages 14-15
11. Safeguarding children ...................................................................Pages 15-16
12. Basic life support ...........................................................................Page 17
13. Health and safety ..........................................................................Pages 18-19
14. Handling information .....................................................................Page 19
15. Infection prevention & control .......................................................Pages 20-21

Information on the Care Certificate can be found on the Skills for Health website:  
http://www.skillsforhealth.org.uk/standards/item/216-the-care-certificate
1. Understanding your role

**Code of conduct for HealthCare Support Workers**
Available online at:

**Clinical skills for healthcare assistants and assistant practitioners.**
Available online: [http://tinyurl.com/hjnK6yy](http://tinyurl.com/hjnK6yy)
(NHS OpenAthens login required)

**Essential knowledge and skills for healthcare assistants**
Health Library  WY 100 RAW

**Care Certificate Standard 1 & 2: your role and your personal development**
In print at Exeter Health Library OR
Access online: [http://dx.doi.org/10.12968/bjha.2015.9.10.496](http://dx.doi.org/10.12968/bjha.2015.9.10.496)
(NHS OpenAthens login required)

2. Your personal development

**Care Certificate Standard 1 & 2: your role and your personal development**
In print at Exeter Health Library OR
Access online: [http://dx.doi.org/10.12968/bjha.2015.9.10.496](http://dx.doi.org/10.12968/bjha.2015.9.10.496)
(NHS OpenAthens login required)

**Personal Development Review/Appraisal info (RD&E)**
[https://hub.exe.nhs.uk/a-z/workforce-planning-development/personal-development-review/](https://hub.exe.nhs.uk/a-z/workforce-planning-development/personal-development-review/)
3. Duty of care

RCN: Accountability & Delegation
Information on accountability and delegation for all members of the nursing team.
https://www.rcn.org.uk/professional-development/accountability-and-delegation

Care Certificate Standards 3: duty of care; and 4: equality & diversity.
In print at Exeter Health Library OR
Access online
(NHS OpenAthens login required)

4. Equality & Diversity

Care Certificate Standards 3: duty of care; and 4: equality & diversity.
British Journal of Healthcare Assistants Vol. 9(12), 2016, p600-603
In print at Exeter Health Library OR
Access online
(NHS OpenAthens login required)

Diversity booklet:
http://ian.exe.nhs.uk/EasySiteWeb/GatewayLink.aspx?alId=206881

RD&E Equality & Diversity training
https://hub.exe.nhs.uk/easysiteweb/getresource.axd?assetid=20488&type=0&servicetype=1

Anti-discriminatory practice. 4th ed.
Basingstoke: Palgrave Macmillan, 2006
Health Library HV 118 THO
Please note 5th edition is on order
Ethnicity & healthcare practice: a guide for the primary care team

Health Library   WA 90 CUL

Cultural awareness in nursing and health care: an introductory text
Health Library   WA 90 HOL

People skills. 3rd ed. (see Chapter 22: Anti-discriminatory practice)
Health Library   WLM 812 THO
Please note 4th edition is on order

The diversity training handbook a practicel guide to understanding & changing attitudes.
Health Library   WX 422 CLE

Promoting equality & diversity: a practitioner’s guide
Health Library   WX 422 HIL

An elephant in the room: an equality & diversity training manual
Health Library   WX 422 MCP

The diversity pocketbook
Alresford: Management PocketBooks, 2004
Health Library   WX 422 SPE
5. Work in a person-centred way

*Care Certificate Standards 5 & 6: working in a person-centred way; and communication.*
British Journal of Healthcare Assistants Vol.10(1), 2016 p36-43

In print at Exeter Health Library OR
Available online:
(NHS OpenAthens login required)

*Person-centred approaches in healthcare: a handbook for nurses and midwives*
Health Library WY 100 PER

Health Library WY 150 CLI

*Developing person-centred practice: a practical approach to quality healthcare*
Health Library WA 70 HEW

*Appreciative healthcare practice: a guide to compassionate, person-centred care*
Health Library WY 150 ROB

To browse for more books go to:
6. Communication

Care Certificate Standards 5 & 6: working in a person-centred way; and communication.
British Journal of Healthcare Assistants Vol.10(1), 2016 p36-43
In print at Exeter Health Library OR
(NHS OpenAthens login required)

Interpersonal relationships: professional communication skills for nurses. 7th ed.
Health Library WY 150 ARN

Communication in nursing. 8th ed.
Health Library WY 150 COM

Communication and interpersonal skills
2nd ed.
Health Library WLM 816 PAV

Communication and interpersonal skills in nursing
3rd ed
Health Library WY 150 BAC

People Skills. 3rd ed.
Basingstoke: Palgrave Macmillan, 2002
Health Library WLM 812 THO
Please note: 4th edition on order

To browse for more books go to: http://bit.ly/EHLnursingcommunication
7. Privacy and dignity

Care Certificate Standards 7 and 8: Privacy and dignity; and Fluids and nutrition.
In print at Exeter Health Library OR
Available online: http://dx.doi.org/10.12968/bjha.2016.10.2.95
(NHS OpenAthens login required)

Dignity in healthcare: a practical approach for nurses and midwives
Health Library WA 75 DIG

Essence of care 2010: benchmarks for the fundamental aspects of care: benchmarks for respect and dignity
Health Library WY 118 DOH

Excellence in compassionate nursing care: leading the change.
London: Radcliffe, 2012
Health Library WY 100 CHA

Dignity – Royal College of Nursing (PDF)

Social Care TV – videos from SCIE:
http://www.scie.org.uk/socialcaretv/topic.asp?t=dignityincare
Videos include:
Dignity in care: personal hygiene
Dignity in care: practical assistance
Dignity in care: pain management
Dignity in care: nutrition for older people in care homes
Dignity in care: nutrition for older people at home
Dignity in care: social inclusion
Dignity in care: choice and control
Dignity in care: privacy
Dignity in care: communication
8. Fluids and Nutrition
For more resources on this topic, please visit the
Exeter Health Library Nutrition & Dietetics Resource Hub:
https://exeterhealthlibrary.net/nutrition/

Care Certificate Standards 7 and 8: Privacy and dignity; and Fluids and nutrition.
In print at Health Library OR
Available online: http://dx.doi.org/10.12968/bjha.2016.10.2.95
(NHS OpenAthens login required)

At a glance 3: Nutritional care and older people.
Information from Social Care Institute for Excellence (SCIE)
http://www.scie.org.uk/publications/ataglance/ataglance03.asp

Nutrition at a glance. 2nd ed.
Health Library WD 30 BAR
Also available online: http://tinyurl.com/zyzko2w
(NHS OpenAthens login required)

Nutrition, health and disease: a lifespan approach. 2nd ed.
Health Library WD 10 LAN
9. Awareness of mental health/dementia/learning difficulties

Care Certificate Standards 9 and 10: mental health, dementia and learning disabilities; and safeguarding adults
British Journal of Healthcare Assistants. Vol.10(3) 2016, p140-144
In print at Exeter Health Library OR
Available online: http://dx.doi.org/10.12968/bjha.2016.10.3.140
(NHS OpenAthens login required)

Mental health resources

Mental health across the lifespan: a handbook.
Health Library   WM 100 MEN

Rapid mental health nursing.
Health Library   WM 35 SMI

Introducing mental health: a practical guide. 2nd ed.
Health Library   WM 100 KIN

Mental health nursing at a glance
Health Library   WM 35 SMI
Also available online: http://tinyurl.com/jljbjpy
(NHS OpenAthens login required)

Oxford handbook of mental health nursing. 2nd ed.
Health Library   WM 35 OXF
Also available online: http://tinyurl.com/zdkjehg
(NHS OpenAthens login required)
Key concepts in mental health
3rd ed.
Health Library   WM 100 PIL

The physical care of people with mental health problems: a guide for best practice
Health Library   WM 90 PHY

A straight talking introduction to caring for someone with mental health problems.
Ross-on-Wye Hereford: PCCS books, 2009
Wonford House Hospital Library   WM 100 STR

A straight talking introduction to psychiatric diagnosis.
Ross-on-Wye Hereford: PCCS books, 2014
Wonford House Hospital Library   WM 141 JOH

Videos about mental illness from Time to change
http://www.time-to-change.org.uk/category/blog/video
People with experience of mental health problems talk about living with mental illness and about the stigma and discrimination they face.

Dementia resources

Exeter Health Library has a large collection of resources on dementia. For more information see the Dementia Resource Hub:
https://exeterhealthlibrary.net/dementia (coming soon)

We also hold a collection of the Reading Well Books on Prescription for Dementia. You can browse the titles here:

Dementia care: a practical approach.
Health Library   WM 224 DEM
Dementia care at a glance
Health Library  WM 224 JEN
Also available online: http://tinyurl.com/hmc8rl8
(NHS OpenAthens login required)

Practical dementia care. 3rd ed.
Health Library  WM 224 PRA

Dementia: the one stop guide: practical advice for families, professionals and people living with dementia and Alzheimer’s disease
Health Library  WM 224 AND

ABC of dementia
Health Library  WM 224 ABC
Also available online: http://tinyurl.com/zzw36x6
(NHS OpenAthens login)

Royal College of Nursing: Dementia resources
http://www.rcn.org.uk/dementia

NHS Choices: Dementia Guide

SCIE Dementia Gateway
http://www.scie.org.uk/dementia/
Comprehensive information from SCIE containing supportive information and resources, including videos, e-learning material and downloads, for care workers, people living with dementia and their friends and family.
Learning disabilities resources

Supporting the physical health needs of people with learning disabilities: a handbook for professionals, support staff & families
Health Library  WM 815 SUP

Learning disability nursing at a glance
Health Library  WM 815 LEA
Also available online: http://tinyurl.com/gpkmgnp
(NHS OpenAthens login required)

Caring for people with learning disabilities : a guide for non-specialist nurses .
Health Library  WM 815 BAR

Dyslexia and other learning difficulties
http://www.bild.org.uk/information/factsheets/
Health Library  WS 725 SEL

Caring for the physical and mental health of people with learning disabilities
Wonford House Hospital Library WM 896 CAR

Risk assessment in people with learning disabilities 2nd ed.
Chichester, West Sussex : John Wiley & Sons, 2011.
Wonford House Hospital Library WM 842 SEL

Key concepts in learning disabilities
Wonford House Hospital Library WM 800 KEY

What is a learning disability? Information from MENCAP: 
https://www.mencap.org.uk/definition

10. Safeguarding adults

RD&E information on safeguarding adults
https://hub.exe.nhs.uk/a-z/safeguarding/
https://hub.exe.nhs.uk/a-z/safeguarding/safeguarding-documents/

Care Certificate Standards 9 and 10: mental health, dementia and learning disabilities; and safeguarding adults
British Journal of Healthcare Assistants. 2016 Vol.10(3), p140-144
In print at Health Library OR 
Available online: http://dx.doi.org/10.12968/bjha.2016.10.3.140
(NHS OpenAthens login required)

Safeguarding adults and the law. 2nd ed.
Wonford House Hospital Library WT 321 MAN

Safeguarding adults in nursing practice
Health Library WY 100 NOR

Recording skills in safeguarding adults : best practice and evidential requirements
Wonford House Hospital Library WT 321 PRI

Age UK
Factsheet: Safeguarding older people from abuse and neglect. May 2015
http://www.ageuk.org.uk/Documents/EN-GB/Factsheets/FS78_Safeguarding_older_people_from_abuse_fcs.pdf?dtrk=true

Nursing & Midwifery Council: Safeguarding adults – videos and discussion
https://www.nmc.org.uk/standards/safeguarding/
Safeguarding adults - videos on Social Care TV
http://www.scie.org.uk/socialcaretv/topic.asp?t=safeguardingadults

The Care Act 2014: Safeguarding Adults
The Care Act 2014 sets out a clear legal framework for how local authorities and other parts of the system should protect adults at risk of abuse or neglect:

11. Safeguarding children

In print at Health Library OR
Available online: http://dx.doi.org/10.12968/bjha.2016.10.4.194
(NHS OpenAthens login required)

RD&E information on safeguarding children
https://hub.exe.nhs.uk/a-z/safeguarding/
https://hub.exe.nhs.uk/a-z/safeguarding/safeguarding-documents/

The child protection practice manual : training practitioners how to safeguard children
Health Library WS 360 CHI

Safeguarding and child protection for nurses, midwives and health visitors : a practical guide. 2nd ed.
Health Library WS 360 POW
Working together to safeguard children: a guide to inter-agency working to safeguard and promote the welfare of children
Freely available online - click here to download PDF.

Effective safeguarding for children and young people: responding to the Munro review
Health Library WS 360 EFF

Royal College of Nursing position statement:
https://www.rcn.org.uk/professional-development/publications/pub-005446

Royal College of Nursing:
Safeguarding children and young people – every nurse’s responsibility.
2014.
https://www.rcn.org.uk/professional-development/publications/pub-004542

NMC Safeguarding videos:
https://www.youtube.com/results?search_query=NMC+Safeguarding (YouTube)
12. Basic Life Support

In print at Health Library OR
Available online: http://dx.doi.org/10.12968/bjha.2016.10.4.194 (NHS OpenAthens login required)

Resuscitation Council UK
https://www.resus.org.uk/

https://www.resus.org.uk/resuscitation-guidelines/

Health Library WD 450 ADV

Health Library WS 380 ADV

Health Library WS 811 NEW

Health Library WD 456 ABC
13. Health & Safety

In print at Health Library OR
Available online: http://dx.doi.org/10.12968/bjha.2016.10.5.246
(NHS OpenAthens login required)

Health & Safety

Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013:
http://www.hse.gov.uk/rIDDOR/

Control of Substances Hazardous to Health (COSHH)
http://www.hse.gov.uk/coshh/

Moving and Handling in Health & Social Care
http://www.hse.gov.uk/healthservices/moving-handling.htm

Health & Safety Executive
http://www.hse.gov.uk/index.htm

The Management of Health & Safety at Work Regulations 1999

Manual Handling Operations Regulations 1992

14. Handling information

**Care Certificate Standard 13: health and safety; 14: handling information.**
*British Journal of Healthcare Assistants. Vol.10(5) 2016, p246-251*
In print at Health Library OR
Available online: [http://dx.doi.org/10.12968/bjha.2016.10.5.246](http://dx.doi.org/10.12968/bjha.2016.10.5.246)
(NHS OpenAthens login required)

RD&E information governance

15. Infection prevention and control

**Care Certificate Standard 15: infection prevention and control.**
*British Journal of Healthcare Assistants. 2016 Vol.10(6), p296-301*
In print at Health Library OR
Available online: [http://dx.doi.org/10.12968/bjha.2016.10.6.296](http://dx.doi.org/10.12968/bjha.2016.10.6.296)
(NHS OpenAthens login required)

**Infection prevention and control at a glance.**
Health Library  WC 195 INF
Also available online: [http://tinyurl.com/jcgmvk3](http://tinyurl.com/jcgmvk3)
(NHS OpenAthens login required)

**Microbiology and infection prevention and control for nursing students.**
Health Library  WC 195 WAR
**Rapid infection control nursing**
Health Library WC 195 ROS

**Fundamentals of infection prevention and control : theory and practice**
2nd ed.
Health Library WC 195 WES

**Manual of infection prevention and control. 3rd ed.**
Health Library WC 195 DAM

**A practical guide to decontamination in healthcare**
Health Library WC 198 MCD

**Fundamental aspects of infection prevention and control**
Health Library WC 195 FUN

**Infection prevention and control**
NICE Quality Standard QS61, April 2014.
https://www.nice.org.uk/guidance/qs61

**NICE Guidance: Healthcare-associated infections: prevention and control.**
NICE Public Health guideline (PH36), November 2011.
https://www.nice.org.uk/guidance/ph36

**Healthcare-associated infections: prevention and control in primary and community care**
NICE Clinical Guideline published: 28 March 2012
https://www.nice.org.uk/guidance/CG139

**Royal College of Nursing: Infection & Control resources**
https://www.rcn.org.uk/search?keyword=infection%20control&type=Publication&scope=Local&relevance=False
RD&E Hub: Infection control
https://hub.exe.nhs.uk/a-z/infection-control/

NHS Choices - Personal Hygiene for cared for people
QUICK LINKS

Library Catalogue: http://lib.exeter.ac.uk
Exeter Health Library website: https://exeterhealthlibrary.net
EHL on Hub: https://hub.exe.nhs.uk/a-z/exeter-health-library
NHS OpenAthens: https://openathens.nice.org.uk

QUICK CONTACTS

Exeter Health Library
Tel: (01392) 406800 E-mail: rde-tr.library@nhs.net

Dave Newman (Library & Information Skills Trainer)
Tel: (01392) 406727 E-mail: David.Newman4@nhs.net

Mary Smith (Literature Searching)
Tel: (01392) 674107 E-mail: mary.smith30@nhs.net

For more Resource Lists from Exeter Health Library visit:
https://exeterhealthlibrary.net/by-specialty/

To keep up to date with library news including new books & resources:

Follow us on Twitter - @ExeHealthLib